

MPHS COUNSELING DEPARTMENT



The mission of the Myers Park High School Counseling Department is to empower all students – regardless of race, sex, religion, economic condition or mental or physical handicaps – to reach their academic and personal potential to function and contribute in a globally competitive society.

STUDENT NAME	COUNSELOR	ROOM	PHONE	EMAIL
Brews-Crut	ADRIANNE CORBETT	127	3930	adriannah.corbett@cms.k12.nc.us
Cruz-Fra	BRITTANY WEBBER	119	3932	brittanyc.webber@cms.k12.nc.us
Fre-Hen	KIM FOLK	130	3925	kimberlyr.folk@cms.k12.nc.us
Hep-Kn Barks-Brew (12th)	AMBER DOWDY	122	3960	amber1.dowdy@cms.k12.nc.us
Ko-Mcke	VIRGINIA JENKINS	124	3933	virginia.jenkins@cms.k12.nc.us
Mcky-Pay A-Brew (9th)	MARTIN UNGER	129	3907	martin1.unger@cms.k12.nc.us
Paz-Sans A-Barb (12th)	SANDRA KINDELL	125	3935	sandra.kindell@cms.k12.nc.us
Sant-Th A-Brew (10th)	SEQUOIA GOODMAN	126	3913	sequoiaj.goodman@cms.k12.nc.us
Ti-Z A-Brew (11th)	MEREDITH SHERRILL	128	3950	meredith.sherrill@cms.k12.nc.us

Stephanie Eddington, Guidance Secretary: stephanie.eddington@cms.k12.nc.us

Kory Forman, Registrar: kory.formon@cms.k12.nc.us

PLEASE SEE REVERSE SIDE FOR ADDITIONAL INFORMATION

FREQUENTLY ASKED QUESTIONS

How does my child arrange a meeting with their counselor?

Counselors are available to see students before school, during all 5 lunches, as well as after school. During these times, they can schedule an appointment in the event that additional time is needed, using their specific counselor link: <https://sites.google.com/cms.k12.nc.us/navigation/home>. In the event of an emergency, they can come during class.

How do I arrange a meeting with my child's counselor?

We encourage parents to make an appointment with the counselor versus dropping in. Appointments can be made by emailing or calling your child's counselor.

What are 4x4 classes?

4x4 classes meet for 90 minutes every day for a semester. At the semester end, the students take a final exam and upon successful completion of the class, they receive 1 credit.

What is a hybrid schedule?

Hybrid schedules consist of a mixture of 4x4 classes as well as A-day B-day classes. A/B day classes meet for the entire school year, but alternate days. A/B day classes must be paired in a student's schedule to alternate days. A student can have a mixture of these two types of classes for a total of 8 classes for the year.

Can my child select A/B day classes instead of 4x4?

The majority of our classes are offered on the 4x4 schedule. All of our AP and IB courses are A/B day. Freshmen and sophomores will have mostly 4x4 classes. Juniors and seniors can have a combination of the two.

Will the counselor know my student?

Each counselor makes a huge effort to get to know the students on their caseload. We encourage students to drop in and see their counselor often because that helps to build the relationship.

What is the average class size?

As one of the largest schools in the state of North Carolina, our class sizes can often fluctuate due to enrollment. Yearly, we have found that our average class size is around 36 for most classes.

What percentage of students attend four-year colleges?

68%

What clubs do you offer? Sports?

There are over 80+ special interests clubs that students can participate in. We encourage the creation of clubs in the event that there is not one to fit the needs and creative nature of a student. If a student wishes to start a new club, they would just have to seek out the advisement of a faculty member. Myers Park has 31 junior varsity and varsity sports for men and women. More information on sports can be found at www.cmsathleticzone.com/myerspark.

What special programs or classes do we offer?

We offer a number of Career and Technical Education classes for students to explore career options. Those categories consist of auto mechanics, horticulture, engineering, business, marketing, health occupations, drafting, fashion, merchandising, as well as culinary arts.

The counselors are happy to assist you in any way that we can. Use the specific counselor links on the Counseling website (below) to set up an appointment. If you have an emergency, please contact the main office.

Counseling Website: <https://sites.google.com/cms.k12.nc.us/navigation/home>